AMENDMENTS TO THE CLAIMS:

This listing of claims will replace all prior versions, and listings, of claims in the application. Please amend claims 1 and 6 and add new claims 11-16 as follows:

LISTING OF CLAIMS:

- 1. (Currently Amended) A head arm assembly comprising:
 - a head slider having at least one head element;
- a high-stiffness arm member for supporting said head slider at one end section, said arm member generating no load;

an actuator, mounted to the other end section of said arm member, for rotationally moving said arm member in a direction substantially parallel with a recording medium surface around a horizontal rotation axis of said arm member; and

a resilient plate spring for generating a load, said plate spring having one end section fixed to said arm member and the other end section for energizing said head slider in a direction to the recording medium surface.

- 2. (Original) The head arm assembly as claimed in claim 1, wherein said head arm assembly further comprises a flexure with one end section fixed to said arm member, said flexure having a resilience for determining flying attitude of said head slider.
- 3. (Original) The head arm assembly as claimed in claim 2, wherein said one end section of said plate spring is fixed to a first surface of said arm member, a second surface of the arm member facing the recording medium surface, and

wherein said one end section of said flexure is fixed to said second surface of said arm member.

- 4. (Original) The head arm assembly as claimed in claim 1, wherein said horizontal rotation axis is provided at a horizontal bearing section located at a midpoint of said arm member, and wherein said horizontal bearing section has means for adjusting a distance between said arm member and said recording medium surface.
- 5. (Original) The head arm assembly as claimed in claim 1, wherein said at least one head element comprises at least one thin-film magnetic head element.
- 6. (Currently Amended) A disk drive apparatus including at least one information recording disk, and at least one head arm assembly that comprises:
 - a head slider having at least one head element;
- a high-stiffness arm member for supporting said head slider at one end section, said arm member generating no load;

an actuator, mounted to the other end section of said arm member, for rotationally moving said arm member in a direction substantially parallel with a surface of the information recording disk around a horizontal rotation axis of said arm member; and

a resilient plate spring for generating a load, said plate spring having one end section fixed to said arm member and the other end section provided with a

load point for energizing said head slider in a direction to the surface of the information recording disk.

- 7. (Original) The disk drive apparatus as claimed in claim 6, wherein the head arm assembly further comprises a flexure with one end section fixed to said arm member, said flexure having a resilience for determining flying attitude of said head slider.
- 8. (Original) The disk drive apparatus as claimed in claim 7, wherein said one end section of said plate spring is fixed to a first surface of said arm member, a second surface of the arm member facing the recording medium surface, and wherein said one end section of said flexure is fixed to said second surface of said arm member.
- 9. (Original) The disk drive apparatus as claimed in claim 6, wherein said horizontal rotation axis is provided at a horizontal bearing section located at a midpoint of said arm member, and wherein said horizontal bearing section has means for adjusting a distance between said arm member and the surface of said information recording disk.
- 10. (Original) The disk drive apparatus as claimed in claim 6, wherein said at least one head element comprises at least one thin-film magnetic head element.

- 11. (New) The head arm assembly as claimed in claim 1, wherein said resilient plate spring has a dimple ball fixed to a top end section thereof.
- 12. (New) The head arm assembly as claimed in claim 2, wherein said resilient plate spring has a dimple ball fixed to a top end section thereof.
- 13. (New) The head arm assembly as claimed in claim 12, wherein said dimple ball pushes the head slider through the flexure to apply the load to the head slider.
- 14. (New) The disk drive apparatus as claimed in claim 6, wherein said resilient plate spring has a dimple ball fixed to a top end section thereof.
- 15. (New) The disk drive apparatus as claimed in claim 7, wherein said resilient plate spring has a dimple ball fixed to a top end section thereof.
- 16. (New) The disk drive apparatus as claimed in claim 15, wherein said dimple ball pushes the head slider through the flexure to apply the load to the head slider.